Restoration 101

A Teaching and Training Manual for Deliverance from Addictions and Healing of the Emotions

Material written and taught by Mike Bernadsky

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http://www.fodderforhungrysouls.org
Note from Mike: I am not a formally trained or licensed counselor. I am simply a licensed and ordained minister of the Gospel. When problems of a medical or psychiatric nature are encountered, I will not hesitate to refer an individual to an appropriate professional. Furthermore, if an individual has specific needs that fall outside the realm of my primary spiritual calling or gifting, I may refer him or her to, or invite other ministers with a greater gifting or anointing in that area of ministry to assist in the process.
# Table of Contents

Introduction

Lesson 1: Assurance of Salvation

Lesson 2: Spirit, Soul & Body

Lesson 3: Spiritual Warfare

Lesson 4: Deliverance from Addictions & Healing of the Emotions

Lesson 5: Preparation for the Prayer for Deliverance and Healing

Lesson 6: Sanctification

Lesson 7: Holy Spirit

Lesson 8: Soul: Mind, Emotions & Will
  Part I – The Mind

Lesson 9: Soul: Mind, Emotions & Will
  Part II – Emotions
  Part III - Will
Assignments / Grading

**Grading:**

General Grading Scale:

- A: 90-100
- B: 80-89
- C: 70-79
- D: 60-69
- F: Below 60 (Failing)

1. Because of our high expectations of each student everyone receives an A+ at the beginning of each class.

2. Compliance with requirements will result in maintaining the highest level of grades. Non-compliance will result in lowering of grades as stipulated in this syllabus, or as assessed on a case by case basis at the point of non-compliance.

3. Requirements:
   - Class Attendance
   - Class Participation/behavior
   - Assignments
Assignments:

First year Students:

A. You will be required to…
   - Answer the “Evaluation” questions at the end of each Lesson, where applicable.
     *Please answer with more than a simple ‘yes’ or ‘no’ if possible. At minimum, a simple explanation will suffice. However, do not shy away from a more in-depth response where necessary to clarify matters.
   - Present the answers to the instructor before the beginning of the next class…asap is preferable, so that issues can be addressed in review at the outset of the next class.
   - Failure to present answers to instructor on time without valid excuse will result in the student’s grade being reduced by one point.
   - All answers will be kept confidential.

B. Delivery of answers may be done in a variety of ways…
   - E-mail – preferable
   - Teacher depository receptacle, if available
   - Mail – may be risky, time wise
   - Hand delivered

C. These answers will factor into your overall grading process…
   - So give the questions serious consideration.
   - If instructor has reasonable doubt that the student has not made an honest & conscientious attempt to do so, that student’s grade will be reduced by one point.
   - A by-product will be a more complete & thorough personal restoration; which in turn will accrue to a more victorious, fulfilled, joyful & long-lasting Christian life & ministry.

Second year Students:

You will be assigned additional responsibilities in terms of…
   - Research
   - Follow-up of first-year students, etc.
A. Introduction:

1. The devil is mad - furious - at God: for banishing him from Heaven *Isaiah 14:12*
   a) But he can’t retaliate against Him directly

   b) So he chooses to attack His creation instead
      (*Illustration of two boys building sandcastles*)

   c) Initiated an attack strategy to “Steal, kill & destroy” *John 10:10a*
      (*Step 1: Ice Ages  *Genesis 1:1-2*)

   d) God’s Plan: to Re-Create & Restore…but leave the ‘scars’

2. Now, WE are the Main Target (*Step 2  *Genesis 3*)
   a) Satan replicated in Adam & Eve what he had done in Heaven: causing *them* to…
      - Disobey the Command & Principle of God, and become insubordinate
      - Lose their relationship with God
      - Be banished from Garden of Eden
      - Become damaged goods: wounded, etc.
      - Become Unfulfilled

      - Thus be Diminished in…
         i) Their potential to become all God had designed for them to be

         ii) The amount of honor & glory God would receive through *them*

         *Thus satan was able to attack God *indirectly* 

   b) He continues to reproduce the same consequences in our lives *Romans 5:12*
      - We are conceived & born with sinful natures & are automatically separated from God

      - Satan continues to victimize us from the time of conception by…
         i) Inflicting deep wounds while still *in the mother’s womb*

         ii) Creating addictions and debilitating strongholds in our lives
iii) Preventing us from living successful & victorious lives for God

- We experience…
  i) Recurring failure & defeat

  ii) Frustration, guilt, discouragement, disillusionment, hopelessness & despair…often suffering in “silent desperation” Romans 7:15, 21-24
  
  (Personal testimony: rocking chair…10 years of oppression)

  c) And the cycle that he started with Adam & Eve continues to be repeated
  i) We’re not making the grade
  
  ii) Additional challenges to achieve only program us for more defeat, and greater condemnation & disillusionment

3. BUT there is **Hope!** John 3:16-17; Romans 8:1; Ephesians 2:1-6; Colossians 2:15; Acts 10:38

  a) Jesus …
     - Paid the penalty of our sin
     - Reconciled us back to God & restored our relationship with Him
     - Defeated satan and disarmed all his principalities & powers
     - Elevated us to sit with Him in Heavenly Places
     - Causes us to live in total freedom & victory

  b) We can gain an understanding of…
     - The enemy’s strategies John 10:10a; 2Corinthians 2:11b
     - God’s Plan for deliverance, healing, restoration & ultimate fulfillment
       i) 1Samuel 30:8,17-20 “Pursue…overtake…recover all”
       ii) Luke 4:18; Isaiah 61:1-4; “…set the captives free…heal the brokenhearted…”
       iii) John 10:10b “…more abundantly…” - restored & multiplied

  *ACT - Somebody has to stand up & say “enough!!”*

  - Through Jesus Christ we can take back everything the devil has ever stolen, killed and destroyed in our lives, and our families…and claim a restoration measured in multiples…*(my e.g.)*

• The importance of identifying & dealing with ‘root causes’ rather than ‘symptoms’ (“What happened on your 38th birthday?”)

• The effect that damaged emotions have on our conduct, perverting our thinking and short-circuiting the mind/will decision-making process

• How …
  i) “knowing the Truth” *John 8:32*
  
  ii) “loving the truth” *2Thessalonians 2:10b-11*

  iii) “implicitly obeying absolute truth without rationalization” *John 8:31; 1John 2:3-6…*  
  • will make us truly free, and  
  • protect us from deception

  c) *“Hope is our greatest renewalable resource” – Steven K. Scott*  
  *“Hope often deferred makes the heart sick; but desire fulfilled is a tree of life.” *Proverbs 13:12*

**B. Outline of Lessons:**

Lesson 1: Assurance of Salvation  
  a) Dispelling confusion, doubt and insecurity

  b) “When does Spiritual Life REALLY Begin?”

Lesson 2: Spirit, Soul & Body  
  a) Discovering how we were created in “the likeness & image of God”

  b) A new look at identifying our true Personality type

Lesson 3: Spiritual Warfare  
  a) Understanding the real dynamics of what’s happening ‘behind the scenes’

  b) Who’s really to blame

  c) How our Personality make-up factors into the equation *(satan takes advantage of our weaknesses & perverts our strengths)*

Lesson 4: Applying Biblical Principles to the Problematic areas of our lives by  
  a) Identifying Root Causes rather than dealing with symptoms

  b) Applying the Truth of God to the Facts of Life
Lesson 5: Preparation for the Prayer for Deliverance & Healing of the Emotions…
   a) What are some of the Hindrances to the Success of the Ministry Prayer
   b) How the Ministry Prayer will be conducted

Lesson 6: Sanctification - Follow-up: What now?
   a) What’s my Responsibility Now?
   b) Simple Practical Tools for daily Maintenance & Victory

Lesson 7: The Holy Spirit
   a) Who He is
   b) What He does
   c) Fruit & Gifts of the Spirit

Lesson 8: The Mind
   a) The Characteristics
   b) God’s Tools of Reclamation & Restoration

Lesson 9: The Heart & Will
   a) Hope: Expectancy vs Expectations
   b) Obedience…Commitment
C. God’s Method of Healing & Restoration:
   1. Scripture reveals at least three distinct ways that we might receive healings and miracles from God…
      a) God at times sovereignly intervenes without any human involvement  
          *John 5:2-9*

      b) God imparts faith to an individual to believe and reach out for their own personal need  
          *Matthew 9:20-22*

      c) God imparts faith in the heart of one or more believers to minister in confidence and effectiveness to another believer  
          *Mark 2:1-12*

   2. God has imparted to me…
      a) Certain insights into Scriptural passages and principles as to the nature and solution of certain problems

      b) A high level of confidence and anointing (possibly even a gift of faith) to teach these truths and pray over believers with these difficulties
         ▪ Often, as believers listen, the Water of the Word softens the soil of the heart and begins to loosen the grip of strongholds, addictions and pain to the point that individuals begin to experience and manifest gradual release and healing before any prayer is uttered

         ▪ The prayer process then becomes a final ‘mop-up’ operation to complete the divine work already in progress

         ▪ This approach to instruction and ministry is certainly not the only way God uses to bring significant deliverance and healing to many believers. We value other giftings, anointings, ministries and professional disciplines and seek to utilize as many of these resources as possible in an attempt to bring a believer to complete wholeness…and to a place of being able to function in the full capacity that God ordained for them
Lesson 1: Assurance of Salvation

A. Purpose:
To identify the real reason(s) why we struggle with doubts about whether or not we are truly saved/born again/a believer

B. Objective:
To settle the issue once and for all as to whether we are a true born again believer or not

C. Introduction:
1. Questions:
   a) Are you enjoying or enduring your salvation?
   b) Do you know exactly when you were born again; and do you celebrate a spiritual birthday?
   c) Do you still have doubts about your salvation?

2. The Condition:
   a) Many believers in Evangelical Christendom struggle for years with what is typically called ‘a lack of assurance of salvation’. There could be at least two main reasons why this would be the case.

   b) Legitimate, well-founded doubt: they may never have actually been born into the Kingdom of God.

   c) Unfounded doubt: because of the lies & accusations of the enemy. They are experiencing a great deal of guilt and/or condemnation regarding personal sin, failure and inconsistency in their spiritual walk (Romans 7:15; 8:1). The enemy uses that as a confusion as to their status as a believer.

3. Clarifying Truth:
   a) ‘We are not sinners because we sin; we sin because we already are sinners’. It’s a natural outgrowth of our sinful nature. (Romans 7:17b; 3:23; 8:5a; Galatians 5:19-21). E.g. – weeds: field, garden, orchard
b) Each individual sin we commit does not damn us to hell. Only rejecting Jesus Christ and His blood as the payment for our sin does.

c) ‘Unpardonable’ vs ‘unforgivable’ sin *Matthew 12:31-32*

**D. The Principles of Confidence**

1. In this lesson, we hope to explore scriptures that shine the light of Truth into our spirits and minds…
   a) Dispelling the confusion
   b) Establishing a deep confidence in our relationship with God
   c) Releasing us to serve the Lord with freedom (from guilt, condemnation, doubt, confusion) and joy (enjoy our salvation)

2. We will look at the concepts of when both natural and spiritual life actually begin: at conception or birth…paralleling both side by side from conception through actual birth. This is explained in more detail in the website lesson entitled “When Does Spiritual Life REALLY Begin?”
   a) We Can Know For Certain *1 John 5:11-13; John 3:15-17*
   b) The Legal Status *Romans 10:9-10; 9:33*
   c) Illustration from Nature *John 3:1-8*

   *See chart on next page…*
### Naturally

In the conception process, you have a male and female participant.

The female possesses a womb where conception occurs, and life is nurtured and developed.

Male seed is deposited in the female womb where it fertilizes an egg, and life begins.

Conception is not automatic...only at specific occasions of ovulation, and providing that both sperm and egg are healthy and capable of fertilization.

Life is not outwardly obvious for the duration of gestation, except for the gradual expansion of the female body to accommodate the inner development, and feeling the baby's movement by the mother.

After a certain period of time, travail kicks in, in a traumatic fashion, forcing the new life into full view.

### Spiritually

Jesus is the bridegroom; we are the bride.

Our spirit is the womb where spiritual conception occurs, is nurtured and developed.

The Gospel - seed, sperm (in some translations) is deposited in our spirit, producing spiritual life.

"No one is able to come to Me unless the Father Who sent me attracts and draws him and gives him the desire to come to Me." - John 6:44 (amp.)

There is often little or no evidence of spiritual life initially. In many cases, not for days, weeks, months, even years...at least real obvious proof; except for an occasional spark.

Again, though a person believes sincerely in Christ, it often is not until some crisis or otherwise dramatic event occurs that a person is forced, in desperation, to call on Jesus and make a serious commitment, which propels them forth into practical faith.

### E. What really is Salvation? Romans 10:10b; James 5:13-16; Philippians 2:12-13

1. **Justification:** freedom from the **Penalty** of sin. Our legal status changes from a sinner to a child of God. Our spirit comes alive.

2. **Sanctification:** freedom from the **Power** of sin. Learning to yield daily, and moment by moment, to the work of the Holy Spirit...through our spirit, attempting to change our minds, emotions, wills and bodies.
3. **Glorification**: freedom from the *Presence* of sin. When Jesus comes to take us to be with Him forever, our souls and bodies will be changed forever as well; and will no longer be susceptible to the influence of satan and the world.

**F. Examining Your Assurance of Salvation: Evaluation/Assignment**

1. Do you still have occasional/frequent/constant doubts as to whether or not you are saved/born again? Why?

2. Did the teaching on ‘When Does Spiritual Life REALLY Begin?’: the idea of spiritual ‘conception’ and ‘birth’…
   a) Make sense?
   b) Do you see and understand the difference between conception (the instantaneous inward changing of our legal status before God), and birth (the public declaration of our faith and gradual changing of our character and quality of spiritual life) being saved from the things of our flesh and the world (the evidence)?
   c) Has it made a difference for you?

3. a) When do you think you may have actually been spiritually conceived?
   b) Was there a subsequent traumatic, travail-type experience that brought you into a full-fledged birth that became a life-changing event? (Remember, for some it happened that way; for some it didn’t. And that’s okay)

4. Is the concept of applying the word ‘saved’ to other aspects of your life like emotional and physical healing, etc. (and not just to being ‘born again’) new to you? Does it make sense?

5. Do you understand the principle of what makes us a sinner?
   a) Explain.
   b) Can you see where the devil would want you confused and want you to struggle under guilt and condemnation, doubting your ‘salvation’… rather than focusing on releasing the power of Christ residing in you to get you cleaned up, healed up, and serving the Lord at full capacity?

6. Does it give you a great sense of satisfaction and joy just to know that you now have an effective tool at your disposal
   a) To destroy the doubts and deceptions of the enemy in your life,
   b) And bring confidence to your family, friends, and other believers in their relationship with the Lord?
Lesson 2: Spirit, Soul & Body

A. Purpose:

To discover…

1. How we were ‘created in the likeness & image of God’  
   Genesis 1:26a
2. The differences between Spirit, Soul & Body  
   1Thessalonians 5:23b
3. What a person(ality) is

B. Objective

To understand…

1. The unique personality type God created each of us to be
   a) Personally  
      1Timothy 4:16, “Look well to…(your personality)…”
   b) Those we associate with
      *“We are fearfully & wonderfully made”

2. And determine how satan may have negatively affected our personality type to keep us from achieving the full potential God created us for.
   a) We are all damaged goods…victimized by the enemy of our soul.
   b) This is not an excuse for justifying our conduct.
   c) But a way to more clearly and accurately understand the ‘root cause’ of our problems…so that we deal with the real problem and not the symptoms.

3. That God has a plan to bring total deliverance, healing & restoration to each and every person.
**C. Introduction**

Many people…

1. Hate themselves and who they are…always wishing they were like someone else.

2. Experience many inter-personal conflicts, not understanding
   a) Who they really are,
   b) Who their associates really are.

3. Do not understand the real dynamics of what’s actually happening behind the scenes, so are focusing on the wrong issue.

**D. Who are we?**

1. **Spirit…**
   a) The highest dimension of our being
   b) The ‘God’-conscious part of our being
      - God is Spirit *John 4:24*;
      - We are also predominantly spirit beings.

2. **Soul…**
   a) The real person;
   b) The ‘self’-conscious part of us (often erroneously used interchangeably with ‘spirit’).
      - God is a Person, with a Person-*al*ity
      - So are we…
   c) Souls are comprised of…
      - **Mind…**
        i) God thinks *Isaiah 1:18*
        ii) So do we.
- **Emotions**
  
i) God feels *Psalms 103:8,13; John 11:35*;
ii) Jesus had compassion on the multitude;
iii) Holy Spirit can be grieved;
iv) We also have feelings.

- **Will**
  
i) God makes decisions “Let us…”;
ii) So do we.

3. **Body**
   
a) It’s our earthly ‘mobile’ home;
b) It’s our ‘world’-consciousness: the 5 senses:
   
   - Hearing
   - Sight
   - Smell
   - Taste
   - Touch

   *God doesn’t have one …doesn’t need one…not limited to time & space

**Note: Wrong Worldly Emphasis…**
- Body first; then Soul, & lastly Spirit.
- It’s satan’s emphasis: capitalizing on the fact that it’s typically…
  
  + What we always see, hear, touch, etc.;
  + How we communicate & interact with each other;
  + However, it’s the most temporary aspect of our makeup…yet what
  
  …Gets the most attention;
  
  …We spend the most time, effort, and money on.
E. Personality Type Defined

Typically...

1. We are strong & process predominantly through one faculty or the other: Mind, Emotions or Will. Hence, we are either…

   a) Thinkers (mind)
   - engineers, accountants, computer geeks;
   - detailed, left brain, analytical;
   - can (and often do) sort and think things through thoroughly and precisely first, then speak or act;
   - often slow, deliberate, methodical.

   b) Feelers (emotions)
   - often can’t think things through well because they are right brain, conceptual, visionary (even daydreamers);
   - so talk a lot…‘think out loud’…need to talk, and listen to themselves, sorting things out back and forth to arrive at a clarity of mind…
   *However, by the time they understand what they’re thinking, everybody else may be confused;
   - may often appear illogical or irrational…but that doesn’t mean they’re dumb or stupid. In fact, may be very intelligent…just lack an innate ability to process thoroughly, mentally;
   - are often mercy gift-ers…“Mary’s”;
   - may have a more difficult time with forgiveness, struggling with resentment, bitterness, etc.;
   - very often are pessimistic - realistic, negatively.
c) Doers (will)

- faster thinkers;
- hard, fast workers;
- the “High ‘D’” type are often independent…“…have difficulty when it comes to networking. We fly solo, until we crash & burn! Eventually our pain, not our brain, shows us our need…” –Pastor E.C. Maltbia;
- extremely focused;
- optimistic, but sometimes not totally ‘realistic’ due to strong focus…in an attempt to avoid negativity;
- are often servants - “Martha’s”…in a positive sense.

2. We are also weak in one faculty.

3. We have been victimized, damaged, and affected by enemy attacks. Hence, we are not the ‘normal’ personality type God originally created us to be. Through the healing & restoration process a believer can achieve ‘wholeness’, and function at full capacity without hindrances & distractions.

4. Unhealed thinkers & doers (especially so) can function relatively well by social standards, though they may not be ‘normal’ by God’s standards. To themselves, and others, they appear not to have any, or many, serious problems due to their ability to rationalize, compartmentalize, discipline, etc.

   *Liability: Tend to ‘manage’ not ‘eliminate’ or ‘eradicate’ their Problems.

5. Feelers are different in that, to the extent their emotions are severely damaged, they are not able to function effectively, personally or socially. The pain tends to warp their thinking process and cripple their wills, preventing the mind and will to
cooperate in doing what they know they need to do.

*This is where the cognitive approach to therapy and ministry sometimes breaks down…especially if wounded emotions aren’t acknowledged as a valid root problem.

**F. Personal Evaluation/Assignment**

1. Have you ever understood what being made ‘in the likeness and image’ of God really means? In what specific characteristics are we like God?

2. Do you clearly understand…
   a) The difference between ‘soul’ and ‘spirit”? Which is the real you?
   
   b) What the different characteristics and functions are as it relates to mind, emotions, and will?
   
   c) That each of us most likely are, and function, pre-dominantly as a thinker, feeler, or doer?
   
   d) Do you know which personality type you are?
   
   e) Can you recognize what type your spouse, family member, friends, fellow employees are?

3. Have you ever tried to visualize the concept of the spirit realm?
   a) What it all means?
   
   b) Do you really understand that each of us as believers has a vital and intricate connection to the entire realm and resources of the Kingdom of God?
   
   c) That all this is available to us? That we have a pipeline, or umbilical cord, through our spirits and by the Holy Spirit directly into the Kingdom of God?
   
   d) Jesus said the Kingdom of God is within us. Do you have direct firm grasp of what all that means? That we are spirit beings…in a physical body?
4. Do you truly understand that our bodies are actually the least important of all our make-up? Can you see how satan has perverted our focus so that we are more conscious of, and concentrate the majority of our efforts on, our ‘bodies’ – ours, others? Can you see how that messes us up, and sidetracks us? How it short-circuits our development in the spirit to spirit and person to person realms; thus, setting us up for distraction, conflict, divorce?
Lesson 3 – Spiritual Warfare

A. Purpose:

To understand…

1. The reality, dynamics, and extent of constant spiritual activity transpiring around us on a moment to moment basis;

2. The general & specific strategies of satan to victimize us;

3. Why it’s even necessary to delve into this dark & negative side of life.

B. Objective:

To determine…

1. The specific ways in which satan has made inroads into our lives;

2. Give us hope, and a plan for victory Jeremiah 29:11.

C. The Nature of the Battle:

1. The reality: We are caught in a fierce spiritual battle between the armies of God and those of satan 2Cor. 10:3-4.

2. The History: This conflict has been played out since the beginning of time…
   a) In the Heavenly Realm: Lucifer’s insubordination Isaiah 14:12;
   b) Garden of Eden Genesis 3;
   c) Children of Israel vs heathen nations - throughout O.T.;
   d) Jesus vs the religious leaders of His day - N.T. (Luke 11:37-54);
   e) Martin Luther & other reformers & martyrs of their time vs the formalized church;
   f) Divine Truth & Scriptural Christianity vs Secularism, Modernism, Relativism, Moral Decline. It is causing increasing polarization today between good & evil…and persecution of the believers.

Notes:
3. **The Manifestation:** takes on many forms and occurs in many arenas in life including…
   a) Physical circumstances & sickness,
   b) Relationship conflicts,
   c) Emotional & psychological conditions,
   d) Addictions & bondages,
   e) Deceptions & distractions, etc.

**D. Satan’s Strategies: Heredity**

Four ways the enemy establishes footholds:
1. Creating a traumatic incident(s) – illness; death; accident; other casualties (fire, theft, etc.); financial loss: employment, business, investment; divorce; etc.
2. Taking advantage of existing wounds, exposure to evil, weaknesses and/or vulnerabilities ‘devil prowls around seeking whom he may devour’ 1Peter 5:8
3. Perverting strengths – example: gift of mercy, etc.
4. Capitalizing on heredity footholds, creating strongholds - bloodline (genetics) & generational curses Exodus 20:5b

**E. The Spiritual Victory: Heritage** Exodus 20:6

1. Heritage is one of the most exciting principles…
   a) Our families
   b) Posterity of two brothers

2. The nitty-gritty facts and process
   a) D-Day…Satan was defeated at the cross & through the resurrection. Beginning of mop-up operation Acts 10:38;
   Colossians 2:15
   b) V-Day…Final manifestation Romans 8:16-39
   **The step by step process of deliverance and healing will be covered in detail in subsequent lessons.**
F. Evaluation/Assignment:
1. What types of conditions are you aware of in general that are considered ‘hereditary’?

2. Had you ever considered the possibility that these conditions could be more than just physical, natural, ‘this worldly’? That there could be a spiritual dimension to them?

3. Had you ever heard of ‘bloodline’ or ‘generational’ curses before now?
   a) Do you understand now what that means?
   b) What Strongholds & Demonic Assignments are?
   c) How they get established?

4. What possible conditions/problems do you see in your family that appear to have been passed down from generation to generation?
   a) For how many generations?
   b) Have any of them been passed on to you?

5. How has your family dealt with them?
   a) How are you dealing with them?
   b) Has there been an appreciable improvement in any area?
   c) Or are they just getting worse and more entrenched?
   d) How does that make you feel?
   e) Do you have any hope that things will ever change for the better?

6. Do you truly believe the possibility exists that these situations/conditions can be stopped? Reversed?

7. Are you ready to destroy and eliminate the ‘heredity’ in your life and establish the ‘Heritage’ of God?
Lesson 4: Deliverance from Addictions & Healing of the Emotions
(Parable of the Sower)

A. Purpose:
To explore the two major arenas of satan’s victimizations based on the parable of the Sower, the Seed and the Soil.

B. Objective:
To effect successful deliverance from addictions and healing of emotions.

C. The Sower, The Seed & The Soil  
Matt. 13:3-8, 18-23; Luke 8:5-8, 11-15

1. Observations…

*General:
- All the soil basically has the potential for good productivity
- Satan has tampered with the soil & negatively affected that productivity  
  Genesis 3:17-19
- Something can be done to effect healthy productivity

*Specific:

a) Soil #1
- The soil is trodden down under foot & hardened
- The seed that falls on it is stolen
- No life; no productivity

b) Soil #2
- Good soil, but shallow due to rocky sub-surface
- Brief life is evidenced but thwarted due to…
  -shallow soil
  -inadequate root structure
  -exposure to the elements
- No actual productivity
c) Soil #3

- Good Soil, but infested with weeds, thorns & thistles
- Sustained life
- Only moderately productive in terms of quality & quantity due to...
  - insufficient life flow of moisture & nutrients
  - limited access to direct light rays
  - restricted space to grow & develop

d) Soil #4

- Same basically good soil
- Sustained life, healthy plants
- Very productive because all hindering elements have been removed

2. Interpretations

*General:

- Potential for spiritual life, but evidence of it varies
- Most are negatively affected by the enemy 2Corinthians 4:3-4
- Can be spiritually plowed, cultivated and adequately prepared for seed & optimum productivity through intercession

**Specific:

a) Soil #1: Unbeliever

- Hardened by enemy lies, deceptions, attacks
- Seed of the Word stolen by satan due to no receptivity...birds in scripture often represent demonic entities
- No germination, no spiritual life, no productivity
b) Soil #2: Addictive Personalities

- Enthusiastically responsive to the Gospel because of the promise of personal victory...evidence of spiritual germination and life

- No staying power, easily swayed & drawn back to addictions when things get tough due to selfish pre-occupation with personal needs and dependence on external & artificial sources to meet needs

- Very shallow Christian...no lasting life, no productivity

  *The addiction must be dislodged first before sustained life and productivity can be achieved

  *The issue of “life”: was there ever any spiritual life ...fruit or no fruit? What really is fruit anyway? Do we sometimes get confused between ‘fruit’ & ‘reproduction’? John 15:1-8; Galatians 5:22-23

i) Definition of Addiction:

  *Anytime we are not able to go down into the deep reservoirs of Jesus Christ or our personal character within us, but instead reach out to external & artificial means to meet our personal needs of comfort, security, happiness, etc. When this is done on a regular & continual basis, it becomes an addiction.

  *Lack of ‘self-control’ rather than discipline. Many people can discipline themselves to be seemingly very productive and successful in society overall, but they lose the inner battle in the area of personal, self-control.

ii) Characteristic of Addiction:

  *The lack of depth of self-control is both…

    - The underlying cause for the addiction, and

    - The hindrance in overcoming it. Matthew 13:5-6

  *Can all of this be compared spiritually to ‘premature birth’ in the natural?
Soil #3: Damaged Personalities (wounded emotions)

*Receptive to Gospel. Evidence of…

- Spiritual germination…life
- Growth & development…no ‘major’ addictions
- Fruit…but only moderately productive, limited in quality & quantity.

*So what’s the Problem here?

- "Cares of the world" Matthew 13:22…“Choked and suffocated with the anxieties & cares…of life” Luke 8:14

**“Involuntary Victimizations”**…inflicted upon us in the normal daily pursuit of life

- “The pleasure and delight and glamour & deceitfulness of riches…” Matthew 13:22; 1Timothy 6:9
  “Pleasures of Life" Luke 8:14

**“Voluntary Victimizations”**…inflicted upon us as we ‘pursue’ personal fulfillment and happiness in the things of this world

1John 2:15-17; James 1:14-16

*Removal of hindrances…

- Is achieved by weeding the spiritual garden. This can be accomplished in any number of ways (refer back to the ‘Introduction’ lesson of this series where three are listed). The emphasis of this class approach is to invite Jesus as the Master Gardener to walk through the garden of a believer's heart (life) and

  i)pull up all the spiritual weeds, thorns & thistles, along with the roots & original seed

  ii)cleanse & suture the wounds

  iii)release the power of Jesus to effect healing

- Creates a category #4 soil with accompanying results
c) Soil # 4: Productive, victorious Christian living…the way God designed it
   - Addictions are broken & removed
   - Damaged emotions are healed & restored
   - Holy Spirit has free flow to produce fruit & manifest gifts

D. Evaluations/Assingments:

1. One of our main and oft repeated concentrations in this study is the difference between ‘symptoms’ and ‘root causes’
   a) Do you want to continue dealing with the symptoms that keep recurring and wearing you out?
   b) Or would we rather focus on identifying and removing the root causes and having the symptoms disappear for good as a natural by-product?

2. From the concept taught in ‘When Does Spiritual Life REALLY Begin?’
   a) What condition is lacking in the ‘pathway’ soil?
   b) Why are they not ‘grasping’ or ‘comprehending’ the ‘Word of the Kingdom’ (Amplified Bible)?
   c) Why does the ‘evil one’ represented by the ‘birds’ quickly remove the seed?
   d) Did the Sower throw seed on the pathway on purpose? Should we? Explain.

3. Is there spiritual conception in the addictive soil?
   a) What’s the real problem in the natural? How does that translate into the nature of the underlying problem from a human and spiritual standpoint?
   b) What are the doctrinal hurdles and implications in believing new life began and was aborted to some degree? And that the process might even be repeated…maybe several times?
   c) Could that soil become ‘good’ and ‘productive’?
   d) What’s the solution in both realms?
4. What are the natural & spiritual characteristics & root problems we’re dealing with in the weedy, thorny soil?

a) Is there no fruit here at all, or just poor quantity and quality? 
   *Matthew 13:22; Lu.8:14*

b) Is there sustained life? Is there a significant difference between this soil and the previous one?

c) In your estimation, what percentage of the Body of Christ may be in this predicament?

d) In the natural, if you were a farmer or gardener with soil in this condition, would you place more seeds into this soil in anticipation of a better harvest, or would you need to implement another process to achieve that result?

5. The ultimate goal for the believer in the plan and purposes of God is to be productive in His Kingdom, and thereby bring Him the Honor & Glory He is due.

a) So why do not all produce a 100% yield? Why are some only 60%? Still others only 30%?

b) How would you rate yourself?

c) If you were to look at other believers around you, in what category of yield would you place each of them? Or could you? And should You?
Lesson 5: Preparation for the Prayer for Deliverance from Addictions & the Healing of the Emotions

A. Purpose:

To understand…
1. That the enemy would attempt to hinder or minimize our deliverance and healing process;
2. The ways in which he would attempt to do so.

B. Objective:

To remove every conceivable obstacle possible and be totally prepared to receive maximum deliverance & healing.

C. Hindrances:

1. Ignorance - lack of understanding
   *Hosea 4:6 “My people are destroyed for a lack of knowledge”
   *Amos 8:11 “Famine in the land, not…of bread, nor…water, but a famine for hearing the Words of the Lord”
   a) What’s the real problem?
      *Many believers just don’t understand the truths taught in this class
   b) What’s the real solution?
      *These teachings bring believers…
      ▪ out of the closet of darkness…
      confusion…uncertainty…doubt…guilt…and defeat - the vacuum where the enemy lives and thrives,
      ▪ into the Light of God’s Truth where the enemy’s lies & deceptions are exposed…and the strength of his bondage is broken.
   c) What are the conditions?
      *The believer must have a…
      ▪ Teachable spirit…taught all through the Proverbs.
      ▪ Love of the Truth 2Thessalonians 2:10.
2. Denial - willful or stubborn doubt, or pride (including religious spirit &/or ‘optimism blinders’) that refuses to acknowledge…
   a) That a problem exists…
      *James 5:16* “Confess (agree, in humility) to one another therefore your faults (offenses, sins) and pray for one another, that you may be healed and restored to a spiritual tone of mind and heart”;

   b) That God could deliver or heal in this manner - “Seven Last Words of a Church: ‘We never did it this way before!’”

*This also requires a teachable spirit, and a willing heart.*

3. Forgiveness – We must…
   a) Forgive others first…
      ▪ “And forgive us our debts, as we also have forgiven our debtors.”
        *Matthew 6:12 (amplified)* “…left, remitted, and let go of the debts, and have given up resentment against…”;

      ▪ *Luke 6:37:* “…acquit and forgive and release (give up resentment, let it drop) and you will be acquitted, forgiven and released”;
        *Ephesians 4:32; Colossians 3:13.*

   b) Understand the Divine Grace of Forgiveness. For most believers, and in most cases, forgiving is not only difficult…it’s almost impossible in the natural. We must invite the forgiveness of God to flow into us…and through us…and toward the offender to effectively forgive and release them to Him

   c) Understand that…
      ▪ The real issue is not ‘forgetting the offense’, because there will always be enough situations & people to remind us.

      ▪ The real issue is to forgive so completely by the Grace of God, and that Grace alone, that there is no pain in the remembering.

*In that way we can visit the ‘scars’ and allow the Lord to use them as a ministry.*

*Rule of thumb when we are reminded: “If there still is pain, we have not yet been completely healed”.*
4. Lack of Faith
   a) By this we do not mean that the recipient does not actually possess an adequate faith,

   b) But that they falsely sense like it’s a lack of faith to look to other professional disciplines instead of just ‘trusting God’.

   *Two possible sources of that accusation…
   - Satan
   - Imbalanced teaching
   - Well-meaning misguided believers

5. Medication/Therapy
   *Sometimes temporary or longer term programs may be required to provide stability &/or support while ministry is being effected such as…
   a) Medication
   b) Psychology/Psychiatry
   c) Residency Programs

   *Otherwise, it can become such a vicious cycle of continuously gaining & losing ground that enough productive results are not realized and everyone may become discouraged and give up hope.

D. Personal Evaluation/Assignment:
   *This can be done in a personal introspection or with a counselor, in conjunction with or independently of the questions listed at the end of the lesson on Spiritual Warfare.

   *In all these areas we just basically touch base to determine if there is anything specific that might need addressing. We do not generally take a lot of time, pry too deeply, or go into great detail…unless it is warranted because of deep and/or extensive trauma, etc.

   1. What are the attitudes and conditions that exist in your life that need to be changed or removed in order to facilitate deliverance and healing?

   2. Have you individually dealt with all the issues you need to in order to receive or complete this preparation process in your life?

   3. Has the knowledge of the truth we have been discussing produced a ‘setting free’ (a liberation) of sorts, beginning a measurable healing process in you?
4. Was there a tendency towards denial at first? Is there still some resistance?

5. How big of an issue has forgiveness been? Is it still?

6. Has a healing of your emotions taken place in your life? Complete? Partial? None at all? Is there still some (a lot of) pain?

**E. The Ministry Prayer**

*After all the preparatory and foundational teaching and interview steps have been completed, the following is a step by step prayer model I use for deliverance and inner healing…*

1. First, I explain the prayer process, expressing confidence that God will hear our prayer, that a divine process of deliverance, healing and restoration will begin and continue until complete…and that God is faithful to complete what He begins.

2. Then I often anoint the candidate with oil, lay hands on them, and begin praying…
   a) I place the blood of Jesus between them and their ancestry (all the way back to Adam & Eve)…cutting the umbilical cords and pipelines of all negative heredity set in motion by the enemy (generational & bloodline curses, addictions, etc.)…severing them from all the negative & evil influences & connections of their ancestry… canceling all assignments…destroying the addictions, strongholds and heredity…and stopping & reversing every process.

   b) I set in motion the process to restore what the enemy has stolen…multiplying it back sevenfold (beginning from Adam & Eve on down)…and bringing them under the heritage of their Heavenly Father and Kingdom…releasing all the resources of heaven to flow into their lives to fill all the voids, and bless them abundantly.

   c) As I pray, I ask the Holy Spirit to renew the mind…casting down every thought contrary to the will of God and mind of Christ… bringing every thought in submission to the mind of Christ and will of God…releasing the blood of Jesus to flow through both the conscious & subconscious mind to remove & filter out all the work of the enemy.

   d) I invite Jesus into the garden of their hearts, row by row…asking Him to tend to every need (usually a row may refer to a specific age, period, or time-frame; or particularly traumatic incident)…As I address specific wounds we discussed earlier in each area of their lives, and
generally cover things that might have happened to cause pain in each of these areas…I ask Jesus to pull out every seed; root; and weed, thorn or thistle…representing what the enemy has done to inflict pain and wounds.

*Sometimes the Holy Spirit will cause the recipient to remember a situation that they forgot about or blocked out…or cause me to refer to something specific that triggers a memory…or reveals to a support team member something to be addressed or to confirm what’s transpiring.

e) I ask the Lord to cleanse, suture, & heal each wound…restore & multiply back 7-fold everything the enemy had taken away.

f) Then, because the enemy’s wounds cause us to…react to things that remind us of the pain…and establishing negative patterns of behavior…I ask Jesus to destroy the old patterns…to straighten out and restore each area of their lives to line up with the will of God for them…and ask Jesus to walk through every experience of their entire life…creating it to be exactly the way it was intended to be before the enemy fooled with it.
Lesson 6: Sanctification

A. Purpose
To understand …

1. What part of our make-up was initially ‘saved’; and what yet needs to be saved

2. What actually transpired in the prayer of ‘deliverance from addictions’ and ‘healing of our emotions’

3. What the process of ‘Restoration’: transformation, sanctification entails

B. Objective
1. To gain a realistic perspective of ‘working out our (full) salvation’
   Philippians 2:12

2. To experience the daily and moment by moment freedom from the ‘power of sin’. *Reference: from Lesson 1…”Freedom from the…”
   a) Penalty of sin – Justification
   b) Power of sin – Sanctification
   c) Presence of sin - Glorification

C. The Process
1. This is not an exhaustive treatment of the subject of sanctification, but rather a practical exploration of the continual, daily battle within us of the flesh vs the spirit

2. Through becoming ‘born again’…
   a) Our ‘spirit’ is ‘made alive’
   b) Now the ‘soul’ (mind, emotions & will) & ‘body’ must be transformed and come into submission to the…
      i) Will of God
      ii) Lordship & Mind of Christ  Romans 12:1-2
   c) It is a work of Grace.  Philippians 2:13; Ephesians 2:1-10
   d) Who does the sinning anyway?!  Romans 7:14-25; 8:1-4, 8-10, 12-25, 31-39
- Refer to ‘Spirit, Soul & Body’ chart below
- Illustration of Romans using a ‘dead body’ to punish people

  e) Personal responsibility  *Galatians 6:7-8; James 4:7-8*…’resist the devil…draw near to God’

  f) It takes time  *Galatians 6:9; 5:22-23*

  g) It takes Follow-up & Support  *Romans 12:5; 1Corinthians 12*

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**D. Evaluation/Assignments:**

1. Explain the differences between ...
   a) The Penalty of sin
   b) The Power of sin
   c) The Presence of sin

2. Give the theological term for each of the above.

3. Romans 7:14-25:
   a) Explain the basic Truth contained in this passage.
   b) What effect has learning this truth had on you?
Lesson 7: Holy Spirit

A. Purpose
To determine...

1. Who the Holy Spirit is.
2. What role He plays in our lives today.

B. Objective
To be able to utilize the person and power of the Holy Spirit in our lives to maximize the potential of our effectiveness...

   a) In living a victorious & abundant Christian life, becoming everything God has designed us to be.

   b) Affecting the lives of others for the purposes of the Kingdom of God.

C. The Person, Character & Work of the Holy Spirit
1. What or Who is the Holy Spirit?
   a) He’s definitely a “HE”, not an “it”...a person(ality): Mind, Emotions, Will
   John 14:16-17; 16:7

   *Notice the…
   ▪ Personal pronouns ‘He’, ‘Him’
   ▪ Titles: Comforter, Counselor, Helper, Intercessor, Advocate, Strengthener, Standby Romans 8:26-27

   b) Third person of the Godhead & the Trinity...the Administrator of the Godhead...
   ▪ The Father designed The Plan
   ▪ Jesus fulfilled The Plan
   ▪ The Holy Spirit Implements The Plan

2. What’s He like?
   a) Gentle dove...but ‘Meek’ does not mean ‘weak’ Matthew 3:16

   ▪ Can be grieved Ephesians 4:30...very sensitive, but not ‘touchy’

   ▪ Not to be blasphemed Matthew 12:31-32
*Difference between ‘unforgivable’ & ‘unpardonable’

b) Subtle, intuitive...“Be still (listen) & know that I AM God”...Learn to discern...intuit!


- Convicts!
- Empowers!

3. What does He do? John 16:8-15

*Everything!

a) Lives in us

b) Fellowships with us

c) Convicts of Sin, Righteousness & Judgment

- Teaches & Guides us into all (whole, full) Truth...the ‘Spirit of Truth’

- Points us to Jesus, The Truth...honoring & glorifying Him by implementing the Plan of the Father

D. The Fruit of the Holy Spirit Galatians 5:22-23

1. Nine Characteristics...Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-Control

2. Application...

   a) We are ‘spirit’ beings

   b) Our spirits have become alive by believing in Jesus

   c) The Spirit of God is alive in us and is ready to release all the resources of the Kingdom of God to flow into every area of our being, and out through us to bless other

   d) Supervises the weeding of our spiritual gardens. And we’ll need continued watering and weeding

   e) Now it’s time to produce spiritual fruit...good fruit...and a lot of it – abundant John 10:10
E. The Gifts of the Holy Spirit
*We don’t live just to improve our own well-being
*We are members of the Body of Christ called & designed to help others.
*Often in assisting others we ourselves receive what we need.
*Serving Christ through serving others often provides fulfillment and self-esteem that over-shadows our pre-occupation with our own needs and/or problems Romans 12:3-6a

1. The Offices - executive roles
   a) Apostle – Pioneer…“Sent one”
   b) Prophet – speaks for God to the people…His ‘mouthpiece’ (revelatory, new, unique knowledge of the Truth)
   c) Evangelist – proclaim of the Gospel…‘Good News’
   d) Pastor – spiritual ‘shepherds’ to care for all the needs of the flock
   e) Teacher – expounder of the Truth…doctrinal, practical

2. The Job Descriptions - callings, spiritual ‘occupations’, ministries Romans 12:6-8
   a) Prophecy
      ▪ speak edification, exhortation, comfort
      ▪ revelator
   b) Serving – take care of the details of meeting the practical needs of the believers
   c) Teaching – instruction
   d) Exhortation – come alongside to challenge, motivate, encourage, support and comfort
   e) Giving – gifted in producing income to contribute financially
   f) Administration – management skills
      “There are leaders and there are managers. Leaders do the right thing; managers do things right.” --Jamie Buckingham
   g) Mercy – compassion toward those who are needy & hurting
3. **The Tools - gracelets, giftings**
   a) **Word of Knowledge** – supernatural revelation of information not otherwise known

   b) **Word of Wisdom** – supernatural insight into wise, practical ways to use information or apply knowledge not otherwise known

   c) **Discerning of Spirits**
      - picking up on wrong character or motivations
      - supernatural revelation of root causes and/or demonic activities that are causing confusion, deception or interference not otherwise known
      - determining whether what we’re sensing is from the Holy Spirit, the enemy, or our ‘soulish’ selves

   d) **Gifts of Healings** – anointing to pray for the sick & wounded: physically, emotionally, etc…see them recover and be restored

   e) **Miracles** – anointing to pray for divine intervention in otherwise impossible temporal situations…not a violation of natural laws, but superseding them

   f) **Faith** – anointing to believe in an unusually high level of confidence for God to provide for needs or otherwise act in difficult situations

   g) **Gift of Prophecy**
      - speak revelatory knowledge that is not otherwise known to build up, comfort and exhort believers *1 Corinthians 14:1*
      - God speaking to men

   h) **Speaking in Tongues**
      - the supernatural ability to speak in a language not learned by the speaker for the purpose of superseding the limitations of the human faculties in worship and prayer
      - two types *1 Corinthians 14:13-19*
        - personal…interpretation not required
        - public…interpretation required
      - man-to-God
i) Interpretation of Tongues…
- the ability to interpret supernaturally in the language of the hearers something that has been supernaturally uttered in a language not understood by those present
- mainly in a public gathering

**F. Functionality**

1. Passionate Pursuit  *1Corinthians 12:31; 14:1; Ephesians 5:18*

2. Deference, respect  *1Corinthians 12:4-7, 11-30*
   a) For the Holy Spirit
   b) For our giftings
   c) For each other, and our individual giftings
   *Again, we live for others, not selfish pursuits*

3. Governed by Love  *1Corinthians 12:31b; chapter 13*

4. Order  *1Corinthians 1*

**G. Prayer Language**

1. Are Tongues of the Devil?
   a) Asking for ‘good gifts’ *Matthew 7:9-11*
   b) Caution: ‘blasphemy’ *Matthew 12:31-32…‘not forgivable’…compare vs ‘unpardonable’*

2. Do we need to speak in ‘tongues’?
   a) It’s not a ‘have to’. If we’re open, we will probably ‘get to’
   b) Benefits…
   - Worship & Prayer *Ephesians 6:18; Colossians 3:16; Romans 8:26-27…super-ceding, or by-passing natural ability & limitations of the mind, switching into the supernatural realm and praying ‘in the Spirit’
   - Personal edification *1Corinthians 14:*
   - Release the resources of the Kingdom of God within you *John 7:37-39*
   - …and much more!!
H. Evaluation/Assignment:
1. Was it a new revelation for you that the Holy Spirit is a ‘Person’? Does that make a difference to you, personally?

2. List other characteristics of the Holy Spirit that you learned in this class that were new insights.

3. Were the concepts of pardon & forgiveness news to you? Explain your understanding as the difference between the two.

4. Up until now have you clearly understood that there was a difference between the fruits & gifts of the Holy Spirit?

5. Does it make clearer sense to you to have the gifts of the Holy Spirit broken up into the three categories of
   a) Executive Roles
   b) Job descriptions
   c) Tools?

6. Did this help you in determining where & how you fit in?

7. Was the practical explanation of the gift of prophecy and the gift of tongues & interpretation a new insight? Explain how you see these two gifts functioning in relation to each other.

8. Have you received the gift of tongues? If so, how much of an integral part of your daily life is it?
Lesson 8: Soul – Mind, Emotions, Will

A. Purpose
To understand…
1. God has created our souls [our person(alities)] with unique characteristics to be powerful tools for our benefit and the benefit of His Kingdom
2. Satan has abused & perverted those properties to negatively affect us and God’s Kingdom
3. There are specific spiritual methods & tools at our disposal in the Restoration Process

B. Objective
To cooperate practically with the Holy Spirit in His mission to…
1. Re-capture what has been lost
2. Completely ‘Restore’ our souls
3. Bring our Minds, Emotions & Wills under the Lordship of Jesus Christ
4. Cause us to function to the full, divine capacity for which God has created us

Part I: The Mind

C. Characteristics
1. Right Brain/Left Brain
   a) Left Brain – analytical, detailed
   b) Right Brain – conceptual
2. Conscious/Subconscious
   a) Conscious…
      ▪ only active while we are awake and ‘conscious’
      ▪ causes us to be consciously aware of what’s happening in every other aspect of our lives/make-up
      ▪ is critical…discerning, evaluating, judging the credibility, value, etc. of our thoughts & what we’re experiencing
b) Sub-conscious
   - the storage unit…memory bank…‘hard drive’
   - typically…
     - we’re not consciously aware of what’s being stored there
     - specific experiences can trigger it’s recall to the conscious mind
   - is probably neutral
     - does not judge or evaluate
     - just accepts and tabulates information

*In the Prayer Process we prayed for the blood of Jesus to be placed on your conscious & sub-conscious minds…to cleanse & filter out all the work of the enemy and eliminate the negative recall process.

*However, some thoughts & experiences are more difficult to eradicate than others…though not impossible with God!

3. Visual
   a) Hebrew language is pictorial
   b) We think in pictures
      - ‘imagine’ that the inside of your forehead is a movie screen, as it were
      - and there’s always something playing

4. The Battleground for Control
   a) God created us with tremendous power in our minds to control every facet of our lives…so it’s the territory the devil wants
   b) Thoughts…
      - create images that influence our emotions and decisions
      - images have greater impact on us than mere words & thoughts
      - cause greater retention potential
   c) Whoever, or whatever…
      - we allow to paint pictures on the canvass of our mind …or play videos on the screen of our mind
will control what feelings (and their ‘intensity’) are produced in our emotions, and
ultimately how we will act or react in any and every situation

D. The devil’s strategy
Is two-fold…
1. The Past…
   a) Replays all those ungodly, negative, hurtful, damaging experiences stored in our sub-conscious mind…
      ▪ that he can, and
      ▪ that we let him
   b) On the screen of our conscious mind
   c) Creating or increasing the pain, resentment, bitterness, guilt, anger, lust, etc.
   d) Causing unhealthy, counter-productive actions & reactions
2. The Future…
   a) Projects the “what if”s…what might or could happen
   b) Creating fear, anxiety, worry, apprehension, uncertainty, insecurity, stress, etc.

E. God’s Tools of Reclamation & Restoration
1. Memorization
   a) Committing Scripture to memory…thus controlling the thoughts that are allowed in your mind
   b) Can expand & increase your mental capacity
      *Bill Gothard from: ‘D’ to ‘A’ student
2. Meditation
   a) The next step…deep, contemplative concentration – rumination (chewing the cud)
   b) Promise of greater success  Joshua 1:5-9; Psalm
3. Visualization
   a) The ultimate control of the mind  Hebrews 12:1-2: ‘…fix your eyes on Jesus…’
Focus, as with a camera...on Jesus: “The Lord is my Shepherd...” Psalms 23

The sharper the image of the main focus, the more everything else fades into the background

“Turn your eyes upon Jesus,
Look full in His wonderful Face.
And the things of earth will grow strangely dim,
In the light of His Glory & Grace”

Produces peace, security, stability, confidence

b) Along with meditation, it has been given an unfair shake, because of...
   - the believers’ lack of understanding
   - enemy’s perversion of these tools for his benefit

c) Has become ‘taboo’ in most Christian minds and practices
   - we’ve erroneously, unwisely, and unnecessarily defaulted & abandoned these powerful tools God has created for our use & benefit...and “thrown the baby out with the bathwater”
   - causing the believer to be weak, failing and ineffective...while the enemy successfully uses these God-given tools against us

*It’s high-time for the believer to rise up and re-capture these God-given tools for our own sakes and for the sake of the Kingdom of God!!!

F. The Potential

1. Can be completely ‘transformed’ Romans 12:2; 8:5-9a; Colossians 3:1-5; Ephesians 4:22-24.
   *As a man thinks in his heart, so is he Proverbs 23:7...“garbage in, garbage out”

2. Produces Peace & well-being Isaiah 26:3-4; Philippians 4:6-9

3. Understand...
   - the will of God Romans 12:2b;
   - the Mind of Christ 1Corinthians 2:14-16

4. Possess a sound mind 2Timothy 1:7
**Goals:**

a) Love the Lord with all our minds  
   *Deuteronomy 10:12; 13:3;  
    Matthew 22:37*

b) Re-structure/re-frame our thinking…problems are opportunities: ‘miracles in motion’

c) Praying in the Spirit: by-passes the natural mind  
   *1Corinthians 14:14*

G. **Evaluation/Assignments:**

1. Are you a left or right brain personality?

2. List several characteristics of both the conscious & sub-conscious mind that illustrate the difference between the two.

3. Had you ever realized this specifically that you think in pictures?
   a) What effect has it had on you?
   
   b) Give a couple of illustrations where you’ve been able to go back in your mind & see the same pictures recurring over the years.

   c) Why is knowing that we think in pictures such a powerful tool?

4. Explain the…
   a) Connection
   
   b) Difference
   
   c) Progressive application of
       - Memorization,
       - Meditation &
       - Visualization.

5. How huge & devastating has the church’s lack of understanding & implementation of this concept been on our effectiveness in attaining & maintaining spiritual victory & success, both personally & corporately?

6. Do you see how this will make a difference…
   a) In your life?
   
   b) Those you will be ministering to?
Lesson 9: Soul – Mind, Emotions, Will (cont’d)

Part II: The Emotions (the Heart)

A. Hope

1. One of the unique qualities & characteristics of the Christian faith & life that no one & nothing else has to offer.

*Another is ‘Forgiveness’ 1Corinthians 15:1*

2. God is our Source: Hope, & everything else Proverbs 27:14; 39:7b; 42:5

3. No hope, confidence, help: in depending on earthly things

4. Relationship between Hope, Faith & Emotion
   a) Expectations…tied to our emotions
   b) Expectancy…hope & faith base

B. Renewable Resource

1. “Hope is a well-founded and confident belief that a specific vision (goal, desire or promise) will be achieved or fulfilled within a specific amount of time…”*

2. “As you complete each step toward achieving a goal, more hope is produced to help you achieve the next step…”*

3. “True hope becomes the fuel that keeps you moving toward the ultimate fulfillment of a vision…”*

(*‘The Richest Man Who Ever Lived’ by Steven K. Scott*)

C. “Hope springs eternal in the Heart”

1. The issues of Life Proverbs 4:23; Matthew 15:17-19

2. ‘Without a Vision the people perish’…deal carelessly Proverbs 29:18

3. Should be written down Habakkuk 2:2-3

4. Caution…“The heart is deceitful…is exceedingly perverse and corrupt and severely, mortally sick…” Jeremiah 17:9

D. ‘Love the Lord with All your (whole) Heart’

2Chronicles 15:12; Jeremiah 29:13; Psalms 111:1; 119:2, 10, 34, 58, 69; 138:1; Mark 12:30
Part III – The Will (Obedience, Commitment)

A. The Principle of First Things – Priorities

1. God – our focus & source *Proverbs 3:5-8; Matthew 16:33*
   a) First Born…children, livestock *Exodus 13:1-2; Deuteronomy 21:15-17*
      ▪ Belonged & dedicated to God *Numbers 3:13*
      ▪ Received double the inheritance of siblings
   b) Tithe…10%…‘First Fruits’…‘Off the Top’…The First & The Best
      *Produce of the land *Exodus 22:29,30; Deuteronomy 26:1-2*
      *Financial & material possessions *Proverbs 3:9-10*
      ▪ Belong to God – if don’t tithe, guilty of stealing from God *Malachi 3:8-9*
      ▪ Promise of Protection & Blessing v. 10-11
   c) Time…
      ▪ Affection *Psalms 91:14*
      ▪ Attention *Psalms 63:1; Proverbs 8:1*
      *Jesus often awoke early and went to a quiet place to spend time with His Father*
      ▪ Prayer…Quiet time, personal devotions…‘pray without ceasing’…‘praying in the Spirit’

2. Family – second highest priority
3. Other - Job, ministry, recreation etc.

B. Lifestyle: Obedience

*Make a commitment for life…so obedience is automatic:

“implicitly obey absolute truth without reservation or rationalization”

1. So you don’t need to make new, constant & daily decisions about the same thing over and over again
2. Indecision is a killer
a) It’ll tear you up
b) Make you vulnerable

3. Rationalization leads to deception

**C. The Future**

1. We are living in the most critical years in all history. We are in the ‘End Times’ Romans 13:11-14; Ephesians 5:14-16; 2Timothy 3:1-5

2. Our choice is to…
   a) Be totally committed & obedient to God
   b) Repent of our sins, those of our church, our politicians, and the nation
   c) Call on God to forgive, heal, & restore us; and produce a revival 2Chronicles 7:14

3. If we don’t…
   a) We could very well end up going through severe persecution
   b) Which would probably produce a revival as well
   c) But not really the way we’d prefer to go

*Which will it be? It’s our choice. God’s ready & waiting!*

**D. Evaluation/Assignments:**

1. How meaningful to you are hope & forgiveness?

2. Can you see how this can be an exciting Truth to share while witnessing to unbelievers: in general & of non-Christian faiths?

3. List some questions or comments that you could incorporate into your conversation with / appeal to them.

4. Do you understand & can you explain to someone else the difference between…
   a) Expectations
   b) Expectancy
   *Do so here.

5. How do your priorities line up with God’s Will? List what they’ve been up till now?

6. How ‘implicitly’ have you been obeying? List areas where you need to make stronger commitments.
Lesson 10: The Body - *The Last Frontier!*?

*A. The Temple of God  1Corinthians 6:19*

*Despite being the…

1. “Body of death”

2. Being our #1 enemy

*B. By His Stripes we are Healed  Isaiah 53:5*

*Jesus was…

1. wounded for our transgressions

2. bruised for our guilt & iniquities

3. chastised to acquire our peace

4. by the stripes that wounded Him we are healed and made whole.

“He Himself took (in order to carry away) our weaknesses & infirmities, and bore away our diseases (sicknesses).” *Matthew 8:17; Isaiah 53:4*

"He personally bore our sins in his own body on the tree, that we might die (cease to exist) to sin and live to righteousness. By His wounds you have been healed.” *1 Peter 2:24*

*C. Guidelines for Healing*

- Call for the elders…
  - confess your sins
  - anoint with oil
  - lay on hands
  - pray over you  *James 5:13-16*

- Obey God’s Word…
  “My son, attend to my words; incline your ear (consent and submit) to my saying. Let them not depart from your eyes (sight); keep them in the midst (center) of your heart. For they are life to those that find them, and healing & health to all their flesh.” *Proverbs 4:20-22*

- Believe…
  "Go; it shall be done for you as you have believed. And the servant boy was restored to health at that very moment.” *Matthew 8:13*